

# BUSINESS PROFILE



THERAPY PRO

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## THERAPY PRO

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# HI & WELCOME!

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Therapy Pro is a paediatric rehabilitation facility located in Highlands, Harare. We provide a full range of services including: Paediatric Assessments, Intervention Planning, S.T.E.M based activities, Parenting Classes, Caregiver Training & Support, Co-curricular Educational Support and Play-Based Therapy. The centre also includes a retail store with high-end therapeutic products for babies and young children.

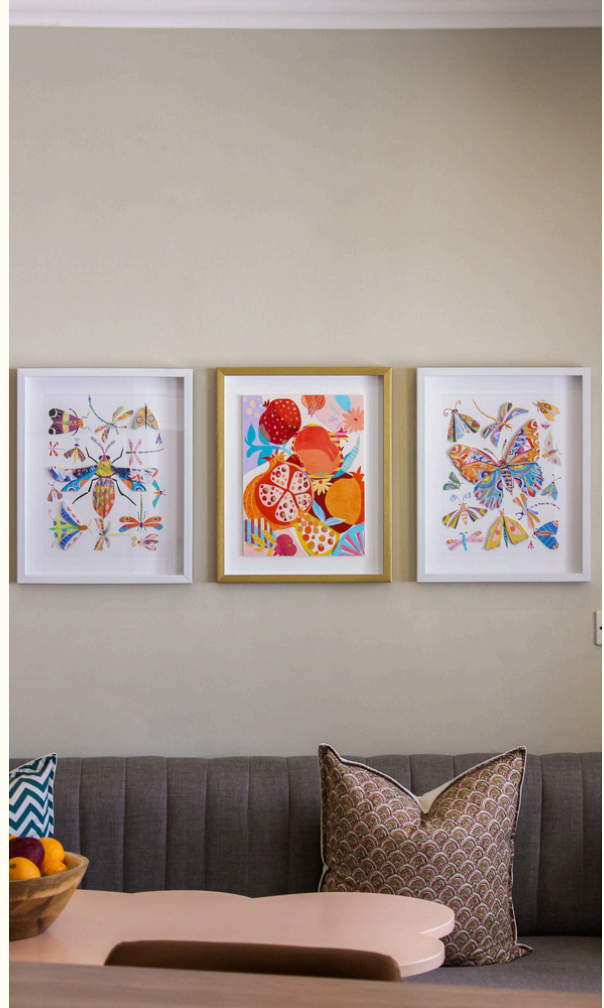
Therapy Pro was inspired by the passion to provide client-centred rehabilitation services to families in a calm and relaxed atmosphere, utilising innovative and top of the line products in supportive environments.

Our centre aims to provide a family-friendly environment with high quality client care to meet the daily emotional, physical and social needs of mothers, young children and other family members.

We utilise a multidisciplinary approach to provide play-based therapy for children of all ages with various physical and psychological needs. Our ultimate goal is to become the leading rehabilitation service provider, promoting independent function in all our clients.



# WHO WE ARE AS THERAPY PRO



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## Our Vision

Our Vision is to become the leading wellness service provider for young families in the region and beyond, guided by the following values: Kindness, Fairness, Optimism and Trust.

## Our Purpose

Therapy Pro is inspired by the idea of “client choice and control” which allows us to re-imagine service delivery with our client central to the planning and delivery of our services. Our purpose is to empower people, families and communities to realise their true potential.

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## Our Mission

Our Mission is to provide high-end care, support and therapeutic solutions for children and their families by nurturing long-term relationships which enhance overall Mental and Physical Well-Being using holistic evidence-based Therapy

We aim to ensure all our clients flourish, thrive and reach their best potential.

Our collective goal is to help our clients build confidence, resilience and independence in all aspects of their lives to realise their true potential.



# THERAPY PRO COMMITMENTS:

We are committed to designing and implementing intervention programs that promote good health and overall well-being, in accordance with social determinants of good health. We work in partnership with our clients to deliver quality services that support parents in nurturing positive behaviours that improve children's wellbeing. We strive to provide excellent value for money to our clients through utilising innovative service delivery methods that harness modern technology and empower staff.

We ensure that our schedules are flexible and open to accommodating clients from all walks of life. We recognise and value diversity which tailors our approach to meeting our clients' needs by hiring qualified staff from different ethnical and cultural backgrounds which contributes to stronger and more inclusive communities.

We support continuous personal development and we encourage our staff to grow by building a connected, supportive and fulfilling working environment that enables our staff to thrive and develop as clinicians, leaders and people.



## *Our Team*

*Our team is made up of dedicated staff who are united by a common purpose: empowering all children to reach their full potential.*



# OUR SERVICES

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All our services are provided by highly skilled individuals with vast experience and passion. Our team of highly skilled Therapists provide support across assessments, reports, Therapy planning, sourcing therapeutic equipment, supporting children through times of change and transition as well as training parents and caregivers various child handling techniques.

2

Kids are at the heart of everything our paediatric therapists do. Our team of highly experienced clinicians design and deliver their support based on a “team around the child” approach.

3

Our team understands that as kids grow, their needs evolve. They might start with Occupational Therapy and later require Speech and Language Pathology Support, or maybe some Psychology and Positive Behaviour Strategies. But the real foundation and constant in their life is their Family and when the family and support team place the child’s development at the centre, we find that therapeutic strategies are far more successful. **We are research driven.**

4

We offer a complete “Team around the Child” approach. We have got you covered with a wide range of experienced, friendly practitioners who bring a wealth of experience. At Therapy Pro we are all about streamlined communication. This has a direct impact on the quality of rapport our therapists can build with your child, making it easier to build meaningful, enjoyable relationships within a support framework. **We are all about enjoyable therapy!**

# OUR SERVICES

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BUSINESS PROFILE

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Our priority is creating space in your relationship with your daughter, son, or special little person to enjoy spending time together, engaging in fun activities which just so happen to have therapeutic benefits and outcomes. Flexible and intuitive reporting.

6

We offer flexibility on the depth and scope of reporting, only using formal assessment tools when they are clinically appropriate. We strive to ensure these reports represent the areas where your child would benefit from extra time and attention, while also clearly describing their unique strengths, passions and interests. While we do indeed carry out assessments and write reports, we are just as invested in spending the time necessary to get to know your child, how your family works, and who else is in your support community. We use this to build a coordinated and seamless support system for your child and your family.

7

We love what we do. Every time a family trusts us to be their therapist, Key Worker, or therapy team, we get a rush of excitement. We know what a privilege it is to be trusted in those roles. We genuinely love to spend time with your child, playing and laughing, sharing our thoughts and experiences with you in order to develop new skills and behaviours. We are thrilled to educate parents and carers about how to support your child in becoming the best version of themselves.





# OUR SPECIFIC SUPPORT AREAS

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## Single Discipline Approach

If you only need to access one of Therapy Pro for Kids' disciplines, such as speech, occupational therapy, social work or psychology, we are here to provide specific support.

## Team-Around-Child Model

Whether you need a mixture of an occupational therapist, speech pathologist, psychologist, social worker, or any other combination, we are ready to help. We can put together just the right team of therapists to match the needs of your child and their interests. Our holistic, coordinated care model means we look after all of the background work necessary.



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## Key Worker Model

Many families find that streamlining therapy services with one primary therapist delivering support is the best fit for their needs. In this model, you're supported by a team, but you only need to connect with one of the therapists (the Key Worker). They are responsible for coordinating your therapy and implementing those therapeutic strategies within your home and everyday environments



# OUR MULTI-DISCIPLINARY TEAM

OCCUPATIONAL THERAPY	OUR OCCUPATIONAL THERAPY TEAM OFFERS:
<p>Our Occupational Therapists help you achieve independence and participate fully in daily life, supporting self-care, work, play, and community connections while empowering children to reach their potential.</p>	<ul style="list-style-type: none"><li>• Enhance fine motor skills and hand-eye coordination.</li><li>• Teach life skills like cooking, dressing, and personal care.</li><li>• Support independent living, including community engagement and daily tasks.</li><li>• Assist children with autism in improving sensory processing for school, play, and social interactions.</li><li>• Recommend adaptive equipment for independence in self-care, mobility, and household tasks.</li><li>• Develop coping strategies for mental health and social confidence.</li><li>• Suggest home modifications for safe and accessible living.</li><li>• Test and recommend mobility aids like wheelchairs and scooters.</li></ul>



# OUR SPECIFIC SUPPORT AREAS

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## Play

We support children in engaging with others by teaching them how to use toys and games appropriately in social settings. We encourage them to explore diverse play experiences in their environments, enhancing their ability to access more opportunities for play. Additionally, we help children develop creativity and a sense of purpose during play while empowering them to express their preferences and opinions.

## Communication

We support children in expressing themselves through gestures, vocalisations, spoken or sign language, and the use of pictures or symbols, fostering their enthusiasm to share their interests. Additionally, we help them develop comprehension skills by following instructions, taking turns in play and conversations, answering questions, and cultivating curiosity about how things work and what happens next.



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## Independence

We foster independence by encouraging participation in Activities of Daily Living (ADLs), leveraging daily routines to build new skills and behaviours. Our support includes assisting parents with mealtime challenges, addressing feeding concerns, and establishing improved routines. Additionally, we facilitate toilet training and the use of equipment or aids that enhance daily independence.

## Social Interaction

We observe your child's interactions with siblings, peers, and other children, encouraging positive social behaviours. We teach children how to approach and initiate communication with others and equip them with skills to respond effectively when invited to play. Additionally, we support children in managing frustration and building resilience by developing problem-solving abilities, confidence in turn-taking and sharing, asking for help, and setting personal boundaries.

# OUR SPECIFIC SUPPORT AREAS

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## Sensory Processing

We help children understand and navigate how their bodies interpret sensory information, supporting them in developing self-regulation skills. By teaching strategies to manage sensory input, we enable children to engage more effectively in learning through tailored adjustments and modifications to their everyday environments.



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## Problem Solving and Learning

We help children develop awareness of personal safety and identify potential risks in their environment. Through play, we encourage natural curiosity by fostering skills such as asking questions and exploring how things work. Additionally, we support children in organizing their world by categorizing and sorting concepts like shapes, colors, and sizes, laying the foundation for academic skills such as recognizing letters, numbers, reading, and writing.

# OUR PROCESS

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We follow a structured Occupational Therapy framework to ensure effective and personalized care. Our process includes:

01

**Referral:** Initiating support tailored to individual needs.

02

**Initial Assessment:** Gaining a comprehensive understanding of strengths and challenges.

03

**Needs Outline & Target Setting:** Identifying priorities and setting clear objectives.

04

**Goal Setting:** Establishing achievable, meaningful outcomes.

05

**Ongoing Assessments:** Continuously monitoring progress and adapting plans.

06

**Outcome Measures & Qualitative Analysis:** Evaluating effectiveness using both quantitative and qualitative insights.

07

**Review & Discharge:** Reflecting on achievements and ensuring sustainable progress post-discharge.



# Thank You!

Thank you for taking the time to learn about Therapy Pro. We are honored to be part of your child's journey and are committed to providing compassionate, expert-led care that empowers children to thrive.

Whether you're a parent, caregiver, or healthcare professional, we look forward to working with you to create a supportive, nurturing environment where every child can reach their full potential.

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